

TOOELE INFORMATION

Utah
Independent
Living
Center

Office Location:
52 N. Main St.
Tooele, UT 84074

Contact: 435-843-7353

Cheri Gunderson
Outreach Specialist
Independent Living Program

Linda Neff
Life Skills Trainer
Education Enhancement Program

We are here to help you increase your skills at home and in the community.

Please note: services and classes can be done individually or as a group and more classes will be added as needed. If you would like more information or would like to suggest a class, please contact us. In addition to direct services, we can offer information and referral to organizations and groups.

Class Notes:

- The Basic IL Skills class is for anyone needing to work on very basic skills.
- The Advanced IL Skills class is for anyone who already has mastered basic skills and lives independently or has that as their goal.
- All other classes and activities are for anyone age 18+.
- There is a small cost associated with some of the classes and activities as noted.
- Bowling costs are **\$3.72** for first game. For 2 games it is **\$6.38**. If you have your **own bowling shoes it costs \$5.29/2 games**. Snacks: \$ varies

Consumers: Some of our skills classes have a suggested donation cost listed. If you are unable to donate, we still want you to come be part of the class! Bowling and some Wednesday outings cost and need to be paid by you.

Ongoing Classes

- Independent Living Skills Class every Monday 12:30-1:30 pm
- Additional IL Skills Class will be added as needed. These classes rotate and include skills such as: interviewing for jobs, budget, sewing, etc,
- Community Outing 1st and 3rd Wednesday 12 –4:00 p.m. **Bring sack lunch/drink**
- One on One Skills appointments available
- Bowling every Thursday 2:00 pm

Transportation Notes:

- Community outings originate at our office and end at the location of activity or at the office. You can drop off at our office and we will transport to location. Each person is responsible to arrange transportation. Please be on time.
- We encourage all our consumers to use public transportation with the UTA bus for Tooele and the Tooele County Shuffle for Grantsville and Stansbury areas. Cost is \$1.25 each way. Family picks you up at location.
- Our center offers limited transportation to consumers. Please call 843-7353 to schedule.

NOVEM

BER 2018

Mon	Tue	Wed	Thu	Fri
Remember Practice your recipes from Cooking Class at home and report back to us!	**Our outings are limited seating and require RSVP to reserve your seat! EVERY TIME!!		1 Bowling All Star Lanes 2:00 p.m. <u>\$5.29 or 6.38</u>	2
5 IL Skills Class Cooking — \$3.00 12:30-1:30 p.m.	6	7 Game Day 12:30-2:30 p.m.	8 Bowling All Star Lanes 2:00 p.m. <u>\$5.29 or 6.38</u>	9
12 Office Closed Veteran's Day observance	13	14 Community Outing Day of Service 12-4 pm. Bring sack lunch, drink./water	15 Bowling All Star Lanes 2:00 pm <u>\$5.29 or 6.38</u>	16
19 IL Skills Class Craft Day 12:30-1:30 pm	20	21 Game Day 12:30-2:30 p.m.	22 CLOSED Happy Thanksgiving!	23 Office CLOSED 
26 IL Skills Class 12:30-1:30 pm	27	28 Community Outing Hogle Zoo Free 12-4 pm Bring sack lunch, drink./water	29 Bowling All Star Lanes 2:00 p.m. <u>\$5.29 or 6.38</u>	30 