TOOELE INFORMATION



Utah Independent Living Center

Office Location: 52 N. Main St. Tooele, UT 84074

Contact: 435-843-7353

Cheri Gunderson

Outreach Specialist Independent Living Program

Angie King

Life Skills Trainer Education Enhancement Program

We are here to help you increase your skills at home and in the community.

Please note: services and classes can be done individually or as a group and more classes will be added as needed. If you would like more information or would like to suggest a class, please contact us. In addition to direct services, we can offer information and referral to organizations and groups.

Class Notes:

- The IL Skills class is for anyone needing to work on basic skills.
- All classes/activities are for anyone age 18+.
- There is a small cost associated with some of the classes and activities as noted.
- Bowling costs are \$2.50 for 1 hour. If you have your own bowling shoes it costs \$2.00 for the hour. Bring <u>EXACT</u> change! Snacks: \$ vary
- Bus training is available from UILC.

Consumers: Some of our skills classes have a suggested donation cost listed. If you are unable to donate, we still want you to come be part of the class! Bowling and some Wednesday outings cost and need to be paid by you.

Ongoing Classes

- Independent Living Skills class every Monday 12:30-1:30 pm
- Additional IL Skills Class will be added <u>as</u> <u>needed</u>. These classes rotate and include skills such as: interviewing for jobs, budget, sewing, etc,
- Wednesdays: Outings twice a month and Games/Movies twice a month. 12 –4:00 pm (12-3:00 on game day)
- One on One Skills appointments available
- Bowling every Thursday 2:00 pm
- Visit our website: uilc.org

Transportation Notes:

- Community outings originate at our office and end at the location of activity or at the office. You can drop off at our office and we will transport to location. Each person is responsible to arrange transportation. Please be on time.
- We encourage all our consumers to use public transportation with the UTA bus for Tooele and the Tooele County Shuffle for Grantsville and Stansbury areas. 435-843-4114. Cost is \$1.25 each way. Family picks you up at location.
- Our center offers limited transportation to consumers. Please call <u>435-843-7353</u> to schedule.

JUNE 2019

| Mon | Tue | Wed | Thu | Fri |
|--|--|--|--|-----|
| **Remember** Practice your recipes from Cook- ing Class at home and report back to us! | **Our outings are | Cheri will be out of the office from May 24 until June 17. If you have any questions please contact Angie. | | |
| IL Skills Class 12:30-1:30 pm | limited seating and require RSVP to reserve your seat! EVERY TIME!! AHEAD of TIME!! | Community Outing Cancelled today | Bowling All Star Lanes 2:00 pm \$2.00 or 2.50 with shoe rental EXACT change needed | 7 |
| IL Skills Class 12:30-1:30 pm | 11 | Game/Movie Day 12:00-2:30 p.m Bring sack lunch, drink/water | Bowling All Star Lanes 2:00 pm \$2.00 or 2.50 with shoe rental EXACT change needed | 14 |
| IL Skills Class Cooking\$3.00 12:30-1:30 p.m. | We will be riding the Front Runner from SLQ to Ogden. Once there, we will be going to the Browning Gun and Classic Auto Museum. We will eat lunch out. Cost: \$15-20?/ More details to | Community Outing Front Runner to Ogden 11:30-5:30ish? Bring sack lunch, drink, water | Bowling All Star Lanes 2:00 pm \$2.00 or 2.50 with shoe rental EXACT change needed | 21 |
| L Skills Class Craft Day 12:30-1:30 pm | come 25 | Game/Movie Day 12:00-2:30 p.m Bring sack lunch, drink/water | Bowling All Star Lanes 2:00 pm \$2.00 or 2:50 with shoe rental EXACT change needed | 28 |