

TOOELE INFORMATION



Utah Independent Living Center

Office Location:
52 N. Main St.
Tooele, UT 84074

Contact: 435-843-7353

Cheri Gunderson
Outreach Specialist
Independent Living Program

Angie King
Life Skills Trainer
Education Enhancement Program

We are here to help you increase your skills at home and in the community.

Please note: services and classes can be done individually or as a group and more classes will be added as needed. If you would like more information or would like to suggest a class, please contact us. In addition to direct services, we can offer information and referral to organizations and groups.

Class Notes:

- The IL Skills class is for anyone needing to work on basic skills.
- All classes/activities are for **anyone** age 18+.
- There is a small cost associated with some of the classes and activities as noted.
- Bowling costs are \$2.50 for 1 hour. If you have your own bowling shoes it costs \$2.00 for the hour. Bring **EXACT** change! Snacks: \$ vary
- Bus training is available from IULC.

Consumers: Some of our skills classes have a suggested donation cost listed. If you are unable to donate, we still want you to come be part of the class! Bowling and some Wednesday outings cost and need to be paid by you.

Ongoing Classes

- Independent Living Skills class every Monday 12:30-1:30 pm
- Additional Skills Class will be added as needed. These classes rotate and include skills such as: interviewing for jobs, budget, sewing, etc.
- Wednesdays: Outings twice a month and Games/Movies twice a month. 12 –4:00 pm (12-2:30 on game day)
Bring sack lunch/drink
- One on One Skills appointments available
- Bowling every Thursday 2:00 pm
- Visit our website: uilc.org

Transportation Notes:

- Community outings originate at our office and end at the location of activity or at the office. You can drop off at our office and we will transport to location. Each person is responsible to arrange transportation. Please be on time.
- We encourage all our consumers to use public transportation with the UTA bus for Tooele and the Tooele County Shuttle for Grantsville and Stansbury areas. Cost is \$1.25 each way. Family picks you up at location.
- Our center offers limited transportation to consumers. Please call 843-7353 to schedule.

JANUARY 2019

Mon	Tue	Wed	Thu	Fri
31 NO Classes	1 Happy New Year! Office Closed	*LIMITED SEATING* 2 Community Outing TBA 12-4 pm. Bring sack lunch, drink	3 Bowling All Star Lanes 2:00 pm \$2.00 or \$2.50 with shoe rental EXACT change needed	4 **Our outings are limited seating and require RSVP to reserve your seat! EVERY TIME!!
7 IL Skills Class Cooking - <u>\$3.00</u> 12:30-1:30 p.m.	8 **Remember** Practice your recipes from Cooking Class at home and report back to us!	9 Game/Movie Day **NEW TIME** 12:00-2:30 p.m Bring sack lunch, drink/water	10 Bowling All Star Lanes 2:00 pm \$2.00 or \$2.50 with shoe rental EXACT change needed	11
14 IL Skills Class Craft Day 12:30-1:30 pm	15	*LIMITED SEATING* 16 Community Outing Visit Kindergarten Class we did our service project for 12-4 pm. Bring sack lunch, drink/water	17 Bowling All Star Lanes 2:00 pm \$2.00 or \$2.50 with shoe rental EXACT change needed	18
21 Office Closed! MLK Holiday	**LIMITED** 22 Community Outing Utah Symphony at Abravanel Hall and Dinner Dress Up! 4:00-9:00 p.m. Bring \$15; estimate for dinner	23 ←	24 Bowling All Star Lanes 2:00 pm \$2.00 or \$2.50 with shoe rental EXACT change needed	25
28 IL Skills Class 12:30-1:30 pm	29	Game/Movie Day **NEW TIME** 30 12:00-2:30 p.m Bring sack lunch, drink/water	Bowling All Star Lanes 2:00 pm \$2.00 or \$2.50 with shoe rental EXACT change needed 31	 gg405975 www.pgraph.com