

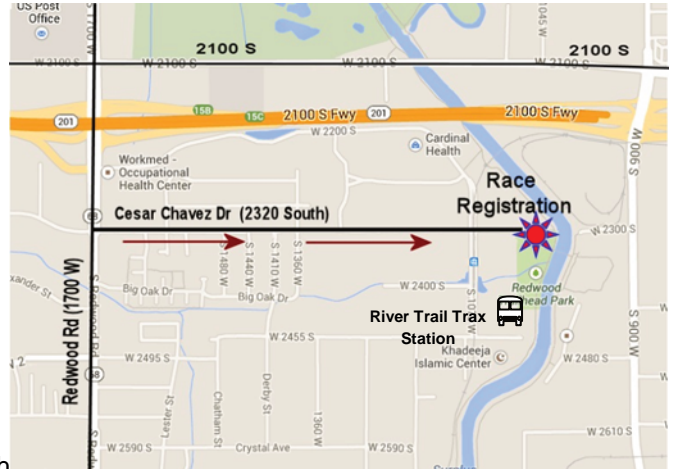
29th Annual

Independent Living 5K RUN & ROLL

Enhancing the Independence of People with Disabilities



Saturday, June 1, 2019



Registration: 8:30 AM **Race begins:** 9:30 AM

Distance: 5K open

Place: Jordan River Trailhead Park
1021 W Cesar Chavez Dr (2320 S)
Enter from Redwood Road (1700 W)

Registration: \$20.00 before the race or \$25 day of race
\$10.00 for children 11 years and younger
In adult categories, all ages compete together
Online registration at www.uilc.org through May 28th
Checks can be mailed to UILC / 3445 S. Main St. / SLC, 84115

- PRIZE DRAWINGS AFTER THE RACE - **EVERYONE** ELIGIBLE TO PARTICIPATE
- **GRAND PRIZE DRAWING (SAMSUNG TAB A) FOR PAID ADULT RACERS**
- MUST BE PRESENT TO WIN!

2 Child Divisions
(11 and younger)
(Girls and boys race together)
Child Runner Division
Child Wheelchair Division

For more information, call Chelsea or Kim at 801-466-5565

Name _____ Phone _____ Email _____

Address _____ City _____ State _____ Zip _____

1. Gender: ___ Female ___ Male

2. Race Category
(Choose One Adult or Child Division)

- | | |
|--|---|
| Adult Racer | Child Racer |
| <input type="checkbox"/> Adult Runner | (Girls and boys race together) |
| <input type="checkbox"/> Adult Walker | <input type="checkbox"/> Child Runner |
| <input type="checkbox"/> Adult Handcycle | <input type="checkbox"/> Child Wheelchair |
| <input type="checkbox"/> Adult Assisted Wheelchair | (manual & motorized) |
| (motorized or with help) | |
| <input type="checkbox"/> Adult Non-Assisted Wheelchair | |
| (manual chair, no help) | |

3. T-Shirt (Circle One)
ADULT S M L XL XXL XXXL
Youth S M
Child Sizes 2T 3T 4T

Please choose all that apply:

- I plan to race.
(Choose race category, adult/child racer, gender, and shirt size.)
- I would like to make an additional donation of _____.
(Thank you!)
- I would also like to sponsor a racer who couldn't otherwise participate. (\$20 each)

In consideration of my entry, I hereby for myself, my heirs, executors or anyone else who might sue on my behalf; waive, release, and discharge the sponsors, contributors, USATF, volunteers, officials, race organizers and others from all rights, claims or liability for death, personal injury or property damage of any kind or nature whatsoever, arising out of or in the course of my participation. I attest that I am physically fit and have trained to participate in this event. I understand that all registration fees are non-refundable

This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose. Minors will be accepted with a parent's signature.

Signature of Racer: _____ Date: _____

(Parent's signature needed if racer is under 18)