

Dear Summer Program Applicant and Parent/Guardian,

We are excited to be offering the Utah Independent Living Center (UILC) Summer Program for the summer of 2023, for youth with disabilities, in 3 mini sessions. A student can sign up for all three or just one if they wish.

We hope to receive your application soon. Please mail, email, drop-off or fax to the number below. Feel free to call or email me with further questions. We will be accepting 10 students. **We fill up fast and slots will be filled on a FIRST COME, FIRST SERVE BASIS.** Participants can attend the Summer Program for a total of 3 years, this can be consecutive or cumulative, but the student must meet the age, and student to staff ratio.

### Summer Program

The UILC Summer Program is for students ages 16-22 who do not require a greater than 5 to 1 student to staff ratio. This program will focus on all aspects of independent living including employment. Students will learn about social skills, dressing for success, and transportation. Students will also learn how to be an effective self-advocate in an interactive and fun learning environment.

Summer Program dates:

First Session: Focus is Resources and Employment June 5<sup>th</sup> – June 14<sup>th</sup> and is Monday and Wednesday from 10:00 am – 2:00 pm with a ½ hour to eat lunch that they bring. Students may arrive up to one half hour early but must be picked up between 2:00pm and 2:15pm each day. If students are late they may not be able to participate in the activity that day. The cost for this session is \$10. This is a donation and no student will be turned away for inability to pay. This donation will assist with the cost of the activities and any outings.

Second Session: Focus is Cooking and nutrition June 21<sup>st</sup>-July 6<sup>th</sup>. It is going to be held on Wednesdays and Thursdays at Tooele County Health Building (151 N. Main Street Tooele, UT) The time for this class is 10:00am – 1:00pm. Students may arrive up to one half hour early but must be picked up between 1:00pm and 1:15pm each day. If students are late they may not be able to participate in the activity that day. Nutrition lessons, Cooking, Clean-up, Grocery shopping will be included in this session. The cost for this session is \$20. This is a donation and no student will be turned away for inability to pay. This donation will assist with the cost of the food that we will be preparing.

Third Session: Focus is Social Skills July 10<sup>th</sup>- July 19<sup>th</sup>. It is going to be held on Mondays and Wednesday's meeting at the center. The time for this class is 10:00am – 2:00pm. Students may arrive up to one half hour early but must be picked up between 2:00pm and 2:15pm each day. If students are late they may not be able to participate in the activity that day. Lessons on social skills and various outings will be part of this session. The cost for this session is \$20. This is a donation and no student will be turned away for inability to pay. This donation will assist with the cost of the outings and activities for this session.

Tina Stuart [tstuart@uilc.org](mailto:tstuart@uilc.org)  
Youth Transition Coordinator  
(435) 843-7353 x 101 Fax (435) 843-7359

Utah Independent Living Center  
52 N. Main Street  
Tooele, Ut 84074

**Below are some questions to help staff members better serve your student. Information provided will be used to help us plan and organize classes.**

**Your student must be able to feed and bathroom themselves. You are responsible for transportation to and from the Center for your student.**

**Participants will be supervised on 5:1 student to staff ratio.**

**Please remember this as you are considering enrolling your student.**

1. Special Dietary Needs: No \_\_\_ Yes \_\_\_ If yes, please explain \_\_\_\_\_  
\_\_\_\_\_
  2. Please explain your student's disability, include whether or not your student uses a mobility device/aid. \_\_\_\_\_  
\_\_\_\_\_
  3. Has your student been in the Summer Program before? Yes \_\_\_ No \_\_\_ If yes, What year(s)? \_\_\_\_\_  
\_\_\_\_\_
  4. What are your student's UTA skills? Can ride bus alone \_\_\_\_\_ Needs help \_\_\_\_\_
  5. Can your student follow simple directions? Yes \_\_\_ No \_\_\_ Please explain \_\_\_\_\_  
\_\_\_\_\_
  6. How does your student handle unfamiliar situations? Please explain \_\_\_\_\_  
\_\_\_\_\_
  7. Given the opportunity, will your student wander/leave the group? \_\_\_\_\_
  8. Are there behavior characteristics that staff should be aware of? Examples include but are not limited to: defiance, violence, etc. \_\_\_\_\_  
\_\_\_\_\_
  9. What strengths/skills does your student possess? \_\_\_\_\_  
\_\_\_\_\_
  10. What would you like to see your student achieve from these classes? \_\_\_\_\_  
\_\_\_\_\_
  11. How does your student handle being in small groups with other students? \_\_\_\_\_  
\_\_\_\_\_
- Other comments, concerns or accommodations your student will need to participate: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**2023 Utah Independent Living Center  
Utah Independent Living Center Summer Program  
Permission Form**

I hereby give permission for \_\_\_\_\_ to participate in the Utah Independent Living Center's Summer Program. With this fully signed permission slip, I hereby release and discharge the Utah Independent Living Center and its employees from all liability, claims and /or demands for property damage and personal injury, which may arise from an accident, viruses, injury or illnesses while attending activities for the summer program, or being transported to and from these activities.

\_\_\_\_\_ Agree                      \_\_\_\_\_ Disagree

I agree to authorize the Utah Independent Living Center to take and utilize photographs, videos, or other audio-visual materials for its own use. These materials will be used for public awareness, public relations and fundraising. I also understand that I will not be compensated monetarily or otherwise for use by the UILC.

\_\_\_\_\_ Agree                      \_\_\_\_\_ Disagree

Parent/ Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

Please print your name \_\_\_\_\_

In case of an emergency I can be contacted at the following number \_\_\_\_\_

Alternative emergency contact. Name \_\_\_\_\_ Number \_\_\_\_\_

**Return application as soon as possible to the  
Utah Independent Living Center  
Mail Attn: Tina Stuart, 52 N. Main Street, Tooele, Utah 84074  
Email [tstuart@uilc.org](mailto:tstuart@uilc.org)  
Phone (435) 843-7353 Ext. 101**

**UTAH INDEPENDENT LIVING CENTER  
Summer Program 2023**

	_____	_____	_____	_____	_____
	First Name	Middle Name	Last Name	Date of Birth	Age
Please Circle Correct Answer	Address _____	County _____	City _____	State _____	Zip _____
	Email _____	Phone/Cell Phone _____			
	Race: White	Black/African American	Native American or Alaskan Native		
	Asian	Pacific Islander or Native Hawaiian	Unknown		
	Are you also Hispanic? Yes No	Gender: Female Male			
	Grade in School: 7 8 9 10 11 12	Post School Name: _____			
	Are you a current Vocational Rehabilitation (VR) client? Yes No				
	If you are a current VR client, who is your VR counselor? _____				
	Living Arrangement: Dependent with family/friends	Group Home	Professional/Foster Parents		
	What is your disability? _____				
What services do you need? _____					
How did you hear about us? _____					

I understand that assistance may be given by the Utah Independent Living Center for the purpose of assisting me to become independent. Although specific services or independence cannot be guaranteed by the Utah Independent Living Center or by myself, a reasonable amount of assistance will be given to me for that purpose if I am found eligible for services.

I understand information collected in this interview and in the subsequent development of my service record is necessary to establish eligibility for services and in the provision of services if I am found eligible. The Utah Independent Living Center will gather information from me personally or with my consent. Information from my service record will not be disclosed other than in the administration of my independent living program, unless my written approval has been obtained. I am aware of my rights concerning the release of information.

The Utah Independent Living Center makes no distinction in race, color, sex, age, gender identity, sexual orientation, creed, disability or national origin in the provision of services to individuals under the program. I understand that I may appeal discriminatory practices and that I have the right to appeal the decision of my service coordinator to his/her supervisor. My service coordinator will help me if problems of this nature arise. If additional assistance is needed, the Client Assistance Program (CAP) is available to act as an advisor and advocate. CAP can be reached by calling 1-800-662-9080.

**Student Participation Statement**

Waiver Statement: I understand the purpose of a written Independent Living Plan, but at this time I am waiving participating in the plan development. I understand that I can request participating in an Independent Living Plan at any time.

Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_\_  
 IL Service Coordinator \_\_\_\_\_ Date: \_\_\_\_\_

Student Shirt Size: (circle one)    S        M        L        XL        XXL

**Student Eligibility:**

The UILC Summer Program is for students ages 16-22, who do not require a greater than 5 to 1 student to staff ratio. Please contact the Center if your student needs an ADA accommodation.

## **Safety Measures for Attending Utah Independent Living Center Summer Program 2023**

The student's health and safety is the highest priority of the Utah Independent Living Center. We ask that if a student has any of the following symptoms, that the student is kept home until they are symptom free.

**Cough**

**Shortness of breath or difficulty breathing**

**Fever**

**Chills**

**Muscle pain**

**Headache**

**Sore throat**

**New loss of taste or smell**

Parents/guardians must provide a phone number where they can be reached as well as an alternate emergency contact, in case the student becomes ill or injured while at the Center.

### **Transportation:**

We will be transporting for the Summer Program 2023. Parents are responsible for transporting students to and from summer program each day. If using public transportation, a reduced fare application is available below. <https://www.rideuta.com/Fares-And-Passes/Reduced-Fare>

If you would like bus training for your student prior to the summer program please contact Cissy Morton at 435-843-4115

### **Cooking:**

The second session on Wednesdays and Thursdays we will learn hands-on cooking skills. All ingredients and expenses for the cooking classes will be covered by UILC. If you student would like to purchase a treat at the store they will be required to bring money/credit card. This is good practice for the students and I encourage parents to consider providing money for small purchases throughout the summer.

### **Food and Lunches:**

Lunches from home will be required Mondays and Wednesdays for the first and third sessions and may be kept in a communal refrigerator. Lunches will **not** be required for the second session, because of the cooking classes. Only a snack will be provided on Wednesdays. There may be occasional opportunities to eat at a fast food restaurant. If your student has food allergies or special food requirements make sure to list them on the application.

### **Other Outings will be scheduled as community opportunities become available, but could include:**

Deseret Industries Employment Center

Grocery stores

Vocational Rehabilitation

Housing Office