

# UTAH INDEPENDENT LIVING CENTER

## Summer Program 2025

*Improving the lives of  
young adults with  
disabilities.*

uilc.org

### Program Requirements:

**Ages:** 16 to 22-years-old

**When:** Summer 2025

Monday, Wednesday and Friday 9am-2pm

Dates: June 9<sup>th</sup> – July 25<sup>th</sup>

**Eligibility:** Students must be able feed themselves, use the restroom independently and stay with a group (we will be traveling around the community at a 7:1 student/staff ratio).

**Bus Pass:** Students are responsible for their own bus pass as well as spending money.

**Lunch:** Students must provide their own lunch on Monday thru Wednesday. Food will be provided on Friday.

### Activities



#### Monday

Community Outings:

- Movies
- Bowling
- Ride UTA Buses and Trax



#### Wednesday

Independent Living Skills:

- Budgeting
- Assertiveness
- UTA Safety
- Social Skills
- Hygiene
- Independence



#### Friday

Cooking & Nutrition:

- Menu Planning
- Grocery Shopping
- Food Preparation

### Printable applications at [UILC.ORG](http://UILC.ORG)

TO LEARN MORE  
INFORMATION  
CONTACT:

Utah Independent Living Center  
3445 South Main Street  
Salt Lake City, Utah 84115

Kathy Self  
801-466-5565 ext. 211