



MARCH 2025

Tooele UILC Classes

Assisting people
with Disabilities
to lead more
independent lives.

Mon	Tue	Wed	Thu	Fri	
<p>3 <u>Group Games & Activities 12:00-2:00</u> -TBA (To be announced)</p>	<p>4 No Class Today</p>	<p>5 <u>Reduce, Reuse, & Recycle 12:00-2:00</u> -Why we use recycled materials & activity</p>	<p>6 <u>Spirit Club 12:00-1:00</u> <u>How it works 1:00-2:00</u> -How transportation has changed and using transportation now</p>	<p>7 No Class Today</p>	
<p>10 <u>Group Games & Activities 12:00-2:00</u> -Emoji Pictionary</p>	<p>11 <u>IHeart Radio station tour</u> <i>-See back for more details</i></p>	<p>12 <u>Reduce, Reuse, & Recycle 12:00-2:00</u> -Water and power conservation & activity</p>	<p>13 <u>Spirit Club 12:00-1:00</u> <u>How it works 1:00-2:00</u> -Computers through the years & online safety</p>	<p>14 No Class Today</p>	
<p>17 <u>History of St Patrick's Day 12:00-2:00</u> <i>St. Patrick's Day</i></p>	<p>18 No Class Today</p>	<p>19 <u>Reduce, Reuse, & Recycle 12:00-2:00</u> -"Earth friendly" scavenger hunt</p>	<p>20 <u>Spirit Club 12:00-1:00</u> <u>How it works 1:00-2:00</u> -How safety rules changed American football & TBI awareness</p>	<p>21 No Class Today</p>	
<p>24 <u>Group Games & Activities 12:00-2:00</u> -Giant Size Games</p>	<p>25 No Class Today</p>	<p>26 <u>Reduce, Reuse, & Recycle 12:00-2:00</u> -Making a green house</p>	<p>27 <u>Scheel's Outing</u> <i>-See back for more details</i></p>	<p>28 No Class Today</p>	
<p>31 <u>Group Games & Activities 12:00-2:00</u> -Communication escape room</p>					

Tooele Utah Independent Living Center Class Descriptions - March 2025

Please contact the Tooele office if you are interested in attending classes or outings by calling
435-843-7353 x102

Monday:

Group Games & Activities 12:00pm-2:00pm

Work on your social skills by participating in games and group activities with other consumers

Tuesday:

No classes today.

Call to make 1 on 1 appointments for independent skill building.

Wednesday:

Reduce, Reuse, Recycle 12:00-2:00

This class will provide an overview of the reasons and ways to better manage garbage or other household waste.

Thursday:

Spirit Club 12:00-1:00

This class will provide you the opportunity to stay fit and keep your body healthy.

How it works 1:00-2:00

This class we will learn about how the things around us work and modern safety measures we can take.

Friday:

No classes today.

Call to make 1 on 1 appointments for independent skill building.



MARCH OUTINGS

Tuesday March 11th

IHeart radio station tour

2801 Decker Lake Dr, SLC

1:00pm –2:30pm

-Leaving the Center at **11:45pm** and returning at **3:35pm**

-Pick up in Stansbury at **12:00pm** and drop off at **3:20pm**

** Please eat before you come**

Thursday March 27th

Scheel's in Sandy tour

11282 S State St, Sandy

-Leaving the Center at **12:15pm** and returning at **4:45pm**

-Pick up in Stansbury at **12:00pm** and drop off at **4:30pm**

** Please eat before you come**

For questions or more info

Contact Kristy Sawyer

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435-843-7353 ext. 102

