<table>
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<th>Mon</th>
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<td><strong>1</strong></td>
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</tbody>
</table>
| Money Management *(Zoom)*  
10:30am-12:00pm (Jana)  
Community Resources *(In person)* 1:00-2:00pm (Brandy) | Peer Support Group *(Zoom)*  
10:30am-12:00pm (Jana) | Desserts Class *(In-Person)*  
1:00-2:00pm (Brandy) | Spirit Club Yoga *(In-Person)*  
1:00pm-2:00pm (Brandy) | Spirit Club Exercise *(Zoom)*  
11:30am-12:30pm (April) |
| **8** | **9** | **10** | **11** | **12** |
| Money Management *(Zoom)*  
10:30am-12:00pm (Jana)  
Community Resources *(In person)* 1:00-2:00pm (Brandy) | Outing—Tuesday-Thursday  
Annual Campout at the Spruces  
Big cottonwood, Uinta-Wasatch-Cache National Forest.  
Be at the office at 12:30 so we can load up and go. | Outing—Tuesday-Thursday  
Annual Campout at the Spruces  
Big cottonwood, Uinta-Wasatch-Cache National Forest.  
$15 donation requested | Outing—Tuesday-Thursday  
Annual Campout at the Spruces  
Big cottonwood, Uinta-Wasatch-Cache National Forest.  
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| **15** | **16** | **17** | **18** | **19** |
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11:30am-12:30pm (April) |
| **22** | **23** | **24** | **25** | **26** |
| No classes will be held in office today.  
Money Management *(Zoom)*  
10:30am-12:00pm (Jana) | Peer Support Group *(Zoom)*  
10:30am-12:00pm (Jana) | Desserts Class *(In-Person)*  
1:00-2:00pm (Brandy) | Outing—Porter Way/Stansbury Park Disc Golf & Lawn Games  
85 E. Porter Way, Stansbury Park  
12:00 pm-3:00 pm  
Free  
Bring a sack lunch & any lawn games | Spirit Club Exercise *(Zoom)*  
11:30am-12:30pm (April) |
| **29** | **30** | **31** | **UILC Classes** | **Tooele Office**  
52 N Main St. Tooele, UT  
435-843-7353  
Call Brandy if you have any questions. Thank you! |
| Money Management *(Zoom)*  
10:30am-12:00pm (Jana)  
Community Resources *(In person)* 1:00-2:00pm (Brandy) | Peer Support Group *(Zoom)*  
10:30am-12:00pm (Jana) | Desserts Class *(In-Person)*  
1:00-2:00pm (Brandy) | *UILC Classes*  
Please contact UILC if you have any Covid related financial needs | *UILC Classes*  
Please contact UILC if you have any Covid related financial needs |
Monday:

Money Management (Zoom) 10:30am –12:00pm Assigned Staff: Jana
Come learn about the basics of management and budgeting your money! You will be instructed on how to improve your personal finances and be able to save up for desired purchases and become more independent financially.

Community Resources-(In-Person) 1:00-2:00pm Assigned Staff: Brandy
Come explore what community resources we have that you may benefit from in Tooele county!

Tuesday:

Peer Support Group (Zoom) 10:30am-12:00pm Assigned Staff: Jana
This peer group provides an environment where people with all disabilities can support and encourage each other, to adjust to a more independent life at home and in the community.

Wednesday:

Desserts on a dime! (In-person only) 1:00-2:00 Assigned Staff: Brandy
Come and make some easy and fun desserts that can be made right at home for a small price!

Thursday:

Spirit Club Yoga (In-Person) 1:00 pm– 2:00 pm Assigned Staff: Brandy
We will be doing yoga. Come to stretch and move. You can use a chair or stand up while moving slowly.

Outings (times vary) Assigned Staff: Jan
Exploring a variety of venues and community activities by using UTA services. ($2.50 one way OR $1.25 one way with a reduced fare card).
See current Outing Sheet for more details on specific outings. RSVP required for most outings.

Friday:

Spirit Club Exercise (Zoom) 11:30am-12:30pm Assigned Staff: Jana
We are continuing with Spirit Club to bring you some new exercise opportunities! These will include fitness and strength training to accommodate all ability levels. No exercise equipment needed. By joining this class you will also have online access to all the Zoom exercise classes provided by Spirit Club, available on-demand any day or night.