



Tooele UILC October Classes 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
See Back for Details			1	2 Peer Support 12-1 pm (zoom)
5 Social Skills* 10-11 am (zoom) & 1- 2 pm (in person)	6	7 Money Management* 10-11 am (zoom) & 1- 2 pm (in person)	8 Bowling* 1:30-3 pm All Star Lanes Tooele	9 Peer Support* 12-1 pm (zoom)
12 Social Skills* 10-11 am (zoom) & 1- 2 pm (in person)	13	14 Money Management* 10-11 am (zoom) & 1-2 pm (in person)	15 Outing* Red Butte Gardens 11:45 am- 4:00pm	16 Peer Support* 12-1 pm (zoom)
19 Social Skills* 10-11 am (zoom) & 1- 2 pm (in person)	20	21 Money Management* 10-11 am (zoom) & 1-2 pm (in person)	22 Bowling* 1:30-3 pm All Star Lanes Tooele	23 Peer Support* 12-1 pm (zoom)
26 Social Skills* 10-11 am (zoom) & 1- 2 pm (in person)	27	28 Money Management* 10-11 am (zoom) & 1-2 pm (in person)	29 Outing* Virtual Halloween Costume Contest	30 Peer Support* 12-1 pm (zoom)

Utah Independent Living Center Tooele Class Descriptions– October 2020

Please contact Michelle if you are interested in attending, by calling the office at 435-843-7353

Monday:

Social Skills: 10:00 am-11:00 am (Zoom only) and 1:00 pm- 2:00 pm (in person only) Assigned Staff: Michelle
This class will go over how to interact with others and how to make a good impression while out in the public

Wednesday:

Money Management: 10:00 am-11:00 am (Zoom only) and 1:00 pm- 2:00 pm (in person only) Assigned Staff: Michelle
This class will go over money management skills including budgeting, financial goals.

Thursday:

Bowling Every other Thursdays 1:30pm-3:00 pm *Assigned Staff: Michelle*

UILC meets at All Star Lanes, located at 1111 N. 200 W. Prices are discounts are as follows: for 2 games \$5.50 w/ shoes and \$4.00 w/o shoes

Outings Times vary. *Assigned Staff: Michelle and Jan*

Exploring a variety of venues and community activities, Transportation will be limited. RSVP required for most outings.
See current Outing Sheet for more details on specific outings.

Thursday October 15: Red Butte Gardens/Nature Scavenger Hunt: We will meet at the Tooele UILC Office at 11:30 am and return to the center around 4 pm. This is going to be a free event. You can bring a sack lunch to eat there.

Thursday October 29: Virtual Halloween Costume Contest/Activities on Zoom: 1:00 pm-2:00 pm. **You will need to submit you Halloween costume video/pictures to Jan at jbigelow@uilc.org by Oct 26.** We will have a slide show of everyone's costumes and announce the winners and most likely have another activity/game as well.

Friday:

Peer Support Group 12:00pm-1:00pm *Assigned Staff: Michelle*

This peer group provides an environment where people with all disabilities can support and encourage each other, to adjust to a more independent life at home and in the community.

***** Money Management and Social Skills will be offered in person from 1pm to 2 pm. If you not able to attend in person they will be offered as a Zoom class on the same days from 10:00 am-11:00 am. You will need to email Michelle the day before unless it has already been prearranged that you will be attending the class by zoom always to the email address of mgray@uilc.org. Thank you.*****