


| Mon  | Tue  | Wed   | Thu   | Fri   |
|--|--|---|---|---|
| <p><b>September 2020</b></p> <p><b>Tooele</b></p> <p><b>UILC Classes</b></p>  | <p>1</p> <p><b><u>Basic Computer Skills</u></b></p> <p>1:00pm– 2:00pm (Jana)</p> <p>**Zoom Only**</p>  | <p>2</p> <p><b><u>Money Management</u></b></p> <p>1:00 PM– 2:00 PM (Michelle)</p> <p>**Will be offered in person as well as zoom to those unable to attend**</p>  | <p>3</p>  | <p>4</p> <p><b><u>Peer Support</u></b></p> <p>12:00 pm-1:00 pm (Michelle) **Zoom Only**</p> <p>**Tooele Only**</p>  |
| <p>7</p> <p><b><u>Labor Day</u></b></p> <p><b><u>Center Closed</u></b></p>   | <p>8</p> <p><b><u>Basic Computer Skills</u></b></p> <p>1:00pm– 2:00pm (Jana)</p> <p>**Zoom Only**</p>  | <p>9</p> <p><b><u>Money Management</u></b></p> <p>1:00 PM– 2:00 PM (Michelle)</p> <p>**Will be offered in person as well as zoom to those unable to attend**</p>  | <p>10</p> <p><b><u>Bowling:</u></b></p> <p>1:30 pm—3:00 pm</p> <p>All Star Lanes Tooele</p> <p>\$3.50 a game w/ shoes</p> <p>\$2.00 a game w/o shoes</p> <p>\$2.00 additional game</p> <p><b>Wear a Mask!</b></p>             | <p>11</p> <p><b><u>Peer Support</u></b></p> <p>12:00 pm-1:00 pm (Michelle) **Zoom Only**</p> <p>**Tooele Only**</p> |
| <p>14</p> <p><b><u>Social Skills</u></b></p> <p>1:00 pm– 2:00 pm (Michelle)</p> <p>**Will be offered in person as well as zoom to those unable to attend**</p> | <p>15</p> <p><b><u>Basic Computer Skills</u></b></p> <p>1:00pm– 2:00pm (Jana)</p> <p>**Zoom Only**</p> | <p>16</p> <p><b><u>Money Management</u></b></p> <p>1:00 PM– 2:00 PM (Michelle)</p> <p>**Will be offered in person as well as zoom to those unable to attend**</p> | <p>17</p> <p><b><u>Welcome Back to Tooele</u></b></p> <p><b><u>UILC Picnic</u></b></p> <p><b>12:00pm-2:00 pm</b></p> <p><b>Skyline Park</b></p> <p><b>RSVP Required</b></p> <p><b>Wear a Mask!</b></p>                        | <p>18</p> <p><b><u>Peer Support</u></b></p> <p>12:00 pm-1:00 pm (Michelle) **Zoom Only**</p> <p>**Tooele Only**</p> |
| <p>21</p> <p><b><u>Social Skills</u></b></p> <p>1:00 pm– 2:00 pm (Michelle)</p> <p>**Will be offered in person as well as zoom to those unable to attend**</p> | <p>22</p> <p><b><u>Basic Computer Skills</u></b></p> <p>1:00pm– 2:00pm (Jana)</p> <p>**Zoom Only**</p> | <p>23</p> <p><b><u>Money Management</u></b></p> <p>1:00 PM– 2:00 PM (Michelle)</p> <p>**Will be offered in person as well as zoom to those unable to attend**</p> | <p>24</p> <p><b><u>Bowling:</u></b></p> <p>1:30 pm—3:00 pm</p> <p>All Star Lanes Tooele</p> <p>\$3.50 a game w/ shoes</p> <p>\$2.00 a game w/o shoes</p> <p>\$2.00 additional game</p> <p><b>Wear a Mask!</b></p>             | <p>25</p> <p><b><u>Peer Support</u></b></p> <p>12:00 pm-1:00 pm (Michelle) **Zoom Only**</p> <p>**Tooele Only**</p> |
| <p>28</p> <p><b><u>Social Skills</u></b></p> <p>1:00 pm– 2:00 pm (Michelle)</p> <p>**Will be offered in person as well as zoom to those unable to attend**</p> | <p>29</p> <p><b><u>Basic Computer Skills</u></b></p> <p>1:00pm– 2:00pm (Jana)</p> <p>**Zoom Only**</p> | <p>30</p> <p><b><u>Money Management</u></b></p> <p>1:00 PM– 2:00 PM (Michelle)</p> <p>**Will be offered in person as well as zoom to those unable to attend**</p> | <p>All consumers coming to the center <b><u>Must Wear A Mask</u></b> and must enter through the back entrance. Temperatures will be taken upon arrival. Please contact us if you have any COVID related needs. Thank you.</p> |   |

## Utah Independent Living Center Class Descriptions– September 2020

Please contact the staff person over the class you are interested in attending, by calling the office at 435-843-7353 except for Tuesdays Class please contact Salt Lake's office at 801-466-5565

### Monday:

**Social Skills** 1:00pm-2:00pm *Assigned Staff: Michelle*

This class will go over how to interact with others and how to make a good impression while out in the public

### Tuesday:

**Basic Computer Skills** 1:00pm-2:00pm *Assigned Staff: Jana*

This class will go over the basics of how to use a computer.

### Wednesday:

**Money Management** 1:00pm-2:00pm *Assigned Staff: Michelle*

This class will go over money management skills including budgeting, financial goals.

### Thursday:

**Bowling** Every other Thursdays 1:30pm-3:00 pm *Assigned Staff: Michelle*

UILC meets at ALL Star Lanes, located at 1111 N 200 W. Prices are discounted for UILC consumers ( \$3.50 per game including shoes, \$2.00 per game without shoes).

**Outings** Times vary. *Assigned Staff: Michelle and Hailey*

Exploring a variety of venues and community activities, Transportation will be limited . RSVP required for most outings. See current Outing Sheet for more details on specific outings.

### Friday:

**Peer Support Group** 11:00am-12:00pm *Assigned Staff: Michelle*

This peer group provides an environment where people with all disabilities can support and encourage each other, to adjust to a more independent life at home and in the community.