

Utah Independent Living Center

Totally TEEN

Are you a teen with a disability? Come learn independent living skills among your peers age 12-17. This class will rotate topics each month, providing different IL skill learning experiences.



When: Every Tuesday from 4:00pm-5:00pm

Where: Utah Independent Living Center—3445 South Main Street, SLC, UT 84115

Who: Anyone with a disability ages 12-17.

Free: Class is Free of Charge

Class Schedule

August- Social Skills/Manners
September- Community Access/Safety
October- Cooking
November- Taking care of you!
December- Affordable Gift Giving
January- Community Resources/Filling out Forms
February- Advocacy
March- Recreation/Leisure Skills
April- Taking Care of My Living Space
May- Vocational Skills
June- Money Management
July- Disability History

T = Transition
E = Employment
E = Education
N = Network

Contact Kathy Self with questions or to sign up! 801-466-5565 ext. 211, kself@uilc.org